

The Martial Arts Studio

**Summer
Karate
Camp**



**Student Handbook
2010**

The Martial Arts Studio

14 N. Village Ave. • Exton, PA 19341 • Phone: (610) 280-0873 • mrs-lafrance@martialartspa.com

What Should I Bring to Camp each day?

- My karate pants and camp T-shirt.
- Lunch and snack
- Water bottle
- Sneakers and flip flops.
- Sun protection – sunglasses, hat, and sunscreen
- Any karate equipment that you may have.

Drop-off/Pick-up

The dojo doors open at 8:30am sharp. All campers must be dropped off and “signed in” (by a parent or approved adult) by 9:00am.

Camp officially ends at 4:00pm. If a parent however, chooses to take advantage of our “BONUS Martial Arts Class” (see below) the camper will not need to be picked up until 5:00pm.

BONUS Martial Arts Class – Can’t pick up your camper by 4:00pm? Don’t worry. Your camper can take a BONUS Martial Arts class from 4:15-5:00pm for no additional cost.

Late Pick Up – Can’t get out of work until 5:00pm? For just \$7.00 your camper can hang out and have more fun from 5:00-6:00pm.

If someone other than the parent will be picking-up or dropping off a camper, we must be notified in advance (per phone call, email, or note). If we are not notified we cannot dismiss the camper until a parent is contacted.

What should I wear to camp each day?

NOTE: The official Summer Karate Camp uniform is a Martial Arts Studio T-shirt and white karate pants. Both will be provided on the first day of camp.

- Every day campers need to come dressed in shorts, Martial Arts Studio T-shirt and sneakers.
Please bring a pair of flip flops.
- Every day campers will need to bring their karate pants, belt and any other items needed for their classes.
- Always bring a swimsuit and towel... just in case.
- PLEASE LABEL ALL ITEMS WITH YOUR CHILD’S NAME.

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Lunches & Snacks

- Campers must provide their own lunches *and utensils*, except on Fridays as we will have a Pizza Party every Friday.
- All lunches should be in coolers. No brown paper bags please.
- Please label lunch coolers with camper's name.
- **NOTE: We do not order food, heat up food or provide utensils for campers.**

NOTE: There is a drink vending machine at The Martial Arts Studio. All drinks (including Vitamin Water... Gatorade... and more) are \$1.00.

Allergies... when registering, please let us know if your son or daughter has food or other allergies.

Activities:

All activities are included in your camp tuition. You may however, send extra money with your child on field trip days. All activities will be announced before the first day of camp. If extra items are needed to be brought to camp you will be notified.

Outdoor:

During Summer Karate Camp your campers may have a chance to...

- Drive Go Karts.
- Explore local caverns.
- Enjoy a water park.
- Play Frisbee golf... Karate Kickball... water gun wars.
- Fly kites.
- And MORE!

Indoor:

Inside activities will also be planned during Summer Karate Camp...

- Karate classes
- Movies (at the dojo AND at the theater).
- Lunch at a restaurant.
- Rock Wall climbing
- And MORE!

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Are extra T-shirts and uniforms available?

Definitely! If you feel your camper will need an extra T-shirt or uniform, they can be purchased. T-shirts are just \$10.00 and karate pants are \$15.00.

Electronic Devices

Campers are not allowed to bring any electronic devices or games to camp. That includes: Nintendo DS... handheld Playstations... iPods... iPhones... etc.

If your child has a cell phone, please let us know. The phone will be turned off and kept in the camper's bag during the camp day. If you need to reach your camper, please call us directly at...

Dojo Phone Number: (610) 280-0873

Instructor's Cell Phone Number... TBA